



B - in - Touch

Anniversary Issue

“Educating minds...
Strengthening roots...
To build a better
tomorrow.”



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Dental Awareness Camp:

*If suffering brought wisdom,
the dentist's office would be
full of luminous ideas.*

~Mason Cooley

A Dental Health Awareness camp was conducted for generating awareness regarding oral health in all the three Nurseries. This is an initiative by the *Buniyaad* group to ensure overall health for students and parents.



Laying Buniyaad for strong teeth

This camp was conducted by *Dr. Kambli* and *Dr. Amit Sonawane* on 13th Sept. 2010 and 23rd Sept. 2010 respectively. Along with the basic dental facts, the session also introduced correct brushing pattern to the children and parents. Holding the brush at an angle of 45 degrees and brushing the molar and pre-

molars (many of us would not have thought that a normal daily morning chore involved a certain amount of Math!!).



The correct way to brush up

Dr. Kambli and *Dr. Amit Sonawane* emphasized upon the importance of brushing teeth at night.



Lost my teeth, would you know why?

They encouraged parents to set examples for their children to follow rather than commanding them to form healthy habits.

The doctor identified with the trend of consumption of chocolates and sweets. Instead of condemning it all-together, he advised the audience to be vigilant about consumption of sweets and brushing up afterwards. Of course, the best thing for stomach and teeth is still eating whole fruits!!!



Brightest smile in the class

Apart from basic oral hygiene, the dentists also high-lighted the dangers of the common practice of **Tobacco Chewing** which leads to oral cancer. They exhorted the parents present to quit the habit. The horrible aftermath of using tobacco was graphically explained with the help of photographs. The exercise was a huge success with immense enthusiasm and participation exhibited by the parents.



Health Check-up Camp:

Life is not merely to be alive, but to be well.

~Marcus Valerius Martialis

A general-health check-up camp for all the students of *Buniyaad*, conducted bi annually, is an integral part of our curriculum. During the camp, the doctor and the volunteers educate parents about basic necessities required to bring up a healthy child. This is done in an informal manner.



Listen carefully, follow wisely

Dr. Usha Chennuru examined the eager students. She advised the parents appropriately regarding general health, well-being and diet.



Comprehensive examination

The general-health check-up Camp was conducted proficiently with the active participation of Volunteers coupled with understanding and co-operation from the parents.



Craft Competition:

The first craft competition for the Academic Year 2010-11 was held on 28th September across all the Nurseries simultaneously. Students faced

their first challenge even though the young participants were not even aware of the word 'competition'. Children were given a lantern to be creatively decorated under the supervision and guidance of the teacher.



A sequin here...And a sequin there...

The materials used were glass pieces in varied shapes, colored /glossy paper and stickers in different shapes and hues. There was tremendous enthusiasm, participation and involvement from the children. It was clearly visible that they were greatly enjoying this activity.



Nursery No.1

Nursery No.3

A palpable energy was felt in the room throughout the exercise. There were representatives from *Xoriant* present for this competition who also evaluated this activity for each Nursery. The task was adjudged based on parameters such as children's level of comprehension of the directions given by the teacher, rapport with the teacher and level of participation/ involvement.

The finished works of art were judged by *Mrs. Shailaja Jain* who is a professional artist. *Mrs. Sarika Matode*, teacher of *Milind Nagar Nursery* and her

team of li'l ones fulfilled criteria like neatness of execution, prudent use of the material provided and a systematic approach to be the winner of the competition.



Pièce de résistance



An Impression of Park Site Nursery No.1

I am impressed by kids' knowledge level at that age. Good co-operation among kids along with teacher. The Teacher, who led this craft work, has tremendous energy level to control kids. I was impressed by teacher's association with kids, and control of kids. Over all it is very good experience for me personally.

Shivsharan

Activities in the Nursery

Who doesn't welcome a change from the ordinary? At the class teacher, *Mrs. Bharti Ahire's* initiative, the students of *Nursery No. 1, Park-site* enjoyed a wonderful beginning to an otherwise hectic and regular working day. They were taken out to the nearby *Ganapati -mandal*, where the students delighted the

devout present by their confident recitation of prayers, hymns and songs are taught to the students as a part of the curriculum.

Bustle is generated when students of the Nurseries are given a hands-on task keeping in line with their syllabus. Having learnt words with corresponding alphabets, the students were given activity to create a mat using the colors taught in the session. This increases the sense of co-ordination and reinforces the words, colors etc. The activity of creating a mat using alternate colors and lines strengthens motor-skills.



To play cross-naught when they grow

In the past sessions the students were taught different shapes. To correlate theory with practical experience, the students were required to recognize paper cut-outs of different shapes. Furthermore, they were required to select appropriate space, since there were big and small pieces of the different shapes to choose from, on the given activity-sheet to stick it on. This is to develop spatial cognizance. The end result looked something like this.



Learning shapes and sizes

The last week before the holidays was spent in a flurry of activities. The first term for all the Nurseries ended on a satisfactory note, for the teachers as well as the students. The students appeared for their assessments and then partied for *Diwali*.



Diwali Celebrations:

Rapid-fire quiz...just one question- what do you associate sweets, having fun, lights and bursting crackers with? You got it right!! So did all the students of *Buniyaad Nursery and Playgroup*!! Hence they were waiting eagerly for the day when they would celebrate *Diwali* with the Teacher and the volunteers. In each Nursery the tiny helping hands, created a *rangoli* with flowers and a *diya* lit in the center.



Tiny helping hands

Their excitement was evident in the din they created while having their *Diwali* party. The kids loved singing the song '*Diwali Ali Re*' in both Marathi & Hindi. All the students contributed in whichever way they could while making rangoli. Someone quickly handed the chalk to help the teacher start on the design, others coordinated amongst themselves to create working space.



Getting ready for the pictures

At the time, when some of the students were enthusiastically helping the teacher in filling up the design with flowers; believe us when we tell you that a few of them took upon themselves to clean up the surrounding area so that the *rangoli* would look dazzling. As they say, education is a never ending process. The students were keen to pick up flowers of different hues as they could identify them with the colors taught in the classroom.



Radiant smiles competing with flowers

Don't we still remember the anticipation associated with festivals, that of relishing sweets and savouries? The children partied with *pedha*, candies and non-spicy savouries to complete the experience. A special take-away gift of light added to the memories of the students.



Something to brighten up your home

Students were lovingly instructed about being under adults' supervision while lighting up *diyas* or being near crackers.



Editorial Initiative:

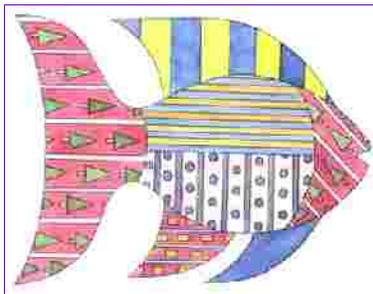
The Editorial team has decided to introduce an activity for the students of *Buniyaad* which will help them to be a part of the society and the world at large. This is carried out by getting them acquainted with global concerns at even this age. In the last academic year, we started with preservation of nature. This year to take it forward, we would like to introduce the theme of recycling and reusing. After considerable discussion and contemplation, the team came up with the thought to give each Nursery a project to execute with recyclable/reusable but safe objects.

This fun-activity will also have a set of ground rules. A few of them are as follows: the teachers and students will be given a specific time limit to collect the recyclables; they can decidedly not buy any of the materials required. The project idea is called Wrapping-Paper-Collage. It is evident from the title that the objective is to create a work of art using leftover bits of wrapping paper. Other supplies needed are glue, a sturdy paper to hold the artwork, pencil, eraser and loads of imagination. This is how they've got to go about it:

Choose a design or an image to work with. Lightly draw an outline of the selected image onto the poster paper - remembering to keep it simple.

Cut the collected wrapping papers into shapes that can be used to create the image. Glue the wrapping paper shapes down onto the poster paper drawing.

We are including a sample of what the end product may look like.



Ideas float in various shapes

Watch this space for the results in the next issue. If you have found this idea interesting and have taken it up at home, please do send in your artwork as well. Readers' ideas, comments, and feedback are highly valued.



A Round Tuit



A Round Tuit

This is a *round tuit*. Guard it with your life as tuits are hard to come by, especially a *round tuit*. This is an indispensable item as it will help you become super-efficient. For years we have heard people say, 'I'll do it as soon as I get *A Round Tuit*'. Now that you have one, you can accomplish all those things you put aside until you got...

Around-To-it.



C.U Soon... Au Revoir:

B-in-touch, our in-house magazine was given birth and nurtured by Binu. Like a mother tending her baby, Binu saw the growth of B-in-touch from a single page to 4 pages. It was her passion for writing and creativity of thoughts that manifested in the writing of B-in-touch. She was like a child always curious and would call up late at night or early in the morning, excited about how she cracked a particular option in Word to create an enhanced visual delight or some other chance discovery she laid her hands.

The first 18 editions of B-in-touch are a testimony of her 'Spirit of Expression' and a sense of joy for other *Buniyaad* members. Her contribution towards the design of *Buniyaad's* academic curriculum for the English Nursery and Playgroup was significant and became the basis for further improvements, with which she is currently associated. I personally have found Binu's excitement and enthusiasm infectious and reflected in her work as well.

Binu's taken a sabbatical and the *Buniyaad* team is looking forward to her coming back in pink of health to 'be-in-touch'.

Warm Regards,
Saigita Narayan



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